

TOP NEWS

ERGO HACKS
[REGISTER HERE](#)

**THRIVING THURSDAY
WEBINARS**
[REGISTER HERE](#)

EMPLOYEE DISCOUNTS
[LEARN MORE](#)



NATIONAL HUGGING DAY

January 21 is National Hugging Day—a reminder of the power of connection. While hugs may not be for everyone, a kind word, a smile, or a simple check-in can go a long way in making someone feel appreciated.

CONGRATS ON YOUR PROMOTION!



Ben Murdock
Water Services
Supervisor



Welcome to Brentwood!



Jessica Sexton
Accounting Assistant I

WELLNESS



New Year, Healthier You!

As we start the new year, let's make wellness a priority—both at work and beyond. Small, consistent habits like taking breaks, staying active, and caring for mental health can make a big difference. When we feel our best, we do our best.

Here's to a healthier, more balanced year ahead.

Check out some webinars Kaiser Permanente has lined up for January:

- 1/22 - Ergo Hacks for Neck, Shoulders & Wrists (12:30pm - 1:30pm)
- 1/26 - Workday Warrior: Desk Strengthen & Stretch (12pm - 1pm)



Scan this QR code to
access Kaiser's January
Wellness Calendar or
[click here.](#)



Reminder

Employees may use up to 1 hour of city time monthly to participate in City-sponsored wellness activities. Please obtain supervisor approval in advance to ensure proper coverage of the work unit.



THRIVING THURSDAY WEBINAR SERIES



FREE MONTHLY WELLNESS WEBINARS FOR A HEALTHIER YOU!
FREE • VIRTUAL • OPEN TO ALL EMPLOYEES

JOIN KAISER EACH MONTH FOR INSPIRING DISCUSSIONS AND PRACTICAL WELLNESS TOOLS TO HELP YOU THRIVE.

CLICK HERE TO VIEW ALL AVAILABLE WEBINARS FOR THIS YEAR AND RESERVE YOUR SPOT!



EMPLOYEE PERKS/BENEFITS

EMPLOYEE ASSISTANCE PROGRAM (EAP) SUPPORT WHEN YOU NEED IT

The City of Brentwood offers a free and confidential Employee Assistance Program (EAP) through Claremont to support your well-being—both at work and at home.



Services include up to 8 free counseling sessions per incident, financial guidance, and free legal consultations (up to 30 mins), with discounted ongoing services.

CLICK HERE TO LEARN MORE ABOUT CLAREMONT'S EAP SERVICES.



City of Brentwood employees have access to exclusive discounts for family fun, restaurants, wellness, resorts & MORE! Check out [this flyer](#) for details on savings!

Visit website below for full list of offers:
➔ www.WestCoastEmployeePerks.com

➔ Password: SAVINGS

➔ Click Shop Perks

SAFETY

Home & Heating Safety Tips

- **PREVENT CARBON MONOXIDE (CO) POISONING:**
 - INSTALL CO DETECTORS, CHECK BATTERIES, AND NEVER USE A GAS OVEN FOR HEAT.
- **USE HEATER SAFETY:**
 - KEEP SPACE HEATERS AT LEAST THREE FEET FROM FLAMMABLE ITEMS AND NEVER LEAVE THEM UNATTENDED.
- **PREPARE FOR OUTAGES:**
 - KEEP AN EMERGENCY KIT WITH FOOD, WATER, WARM CLOTHES, AND MEDS FOR AT LEAST THREE DAYS.

CYBER WINNERS



Cybersecurity Awareness Quarterly Winners! Oct. - Dec.

- BEN MURDOCK – PW
- DEAN PAIVA – PW
- WADE REYNOSO – CD

Please contact Shonna Berry to collect your prize.

PROCLAMATIONS

RELIGIOUS FREEDOM DAY

The City of Brentwood proudly recognized January 16, 2026, as Religious Freedom Day, honoring the fundamental American value of religious freedom. This day commemorates the 1786 Virginia Statute on Religious Freedom and encourages reflection on the importance of respecting diverse beliefs and protecting the right to worship freely.



CITY COUNCIL PROCLAMATION

MARTIN LUTHER KING, JR. DAY

The City of Brentwood recognized January 19, 2026, as Martin Luther King, Jr. Day, honoring Dr. King's life and lasting legacy of faith, courage, nonviolence, and commitment to justice and equality. His leadership and advocacy helped shape our nation through landmark civil rights legislation and continue to inspire generations.



CITY COUNCIL PROCLAMATION

RETIREMENT ROW

QUARTERLY ECONOMIC OVERVIEW

MissionSquare
RETIREMENT

Gain insights into and understanding of current economic factors and the impact they may have on your retirement planning.

JANUARY 28
10:00 AM - 11:00 AM

**REGISTER
NOW!**



JOB BOARD

- Police Dispatcher II
- Police Officer
- Police Officer Trainee



Contact Human Resources
humanresources@brentwoodca.gov or 925-516-5191