

## TOP NEWS

### COFFEE TALK SERIES

[REGISTER HERE](#)

### 2026 TORCH RUN

[LEARN MORE HERE](#)

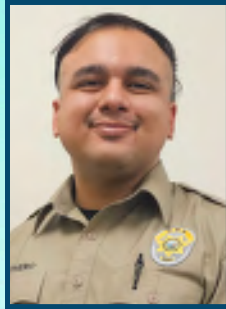
### KEYS TO HEALTHY POSTURE

[LEARN MORE HERE](#)

## SEPARATIONS

THANK YOU FOR SERVING  
BRENTWOOD!

AARON ROMERO  
COMMUNITY SERVICES OFFICER I



## — HAPPY — Retirement

BLAIR TOMASINI  
SOLID WASTE  
EQUIPMENT  
OPERATOR II



Thank you for your service to Brentwood!

## WELLNESS

## UPCOMING SPRING WELLNESS EVENTS

### Spring Walking Challenge

Ready to step up your routine? Join our upcoming walking challenge, April 1st, and get moving toward better health, more energy, and a little friendly competition along the way. Stay tuned—more details

coming soon!

### Mindful Meditation

Join us for a 15-minute meditation session to reset your mind, reduce stress, and recharge your day.

April 14 at 10am, 10:20am & 10:40am

### Spring Bloom

Join our Bloom walking challenge and turn sunshine, fresh air, and good vibes into daily wins. Grab a friend, lace up your sneakers, and let's make the month of May a step-tacular one! Registration will begin April 20.

More details on the way!



## 2026 Torch Run

[REGISTER HERE](#) >

The Brentwood Police Department supports the Special Olympics by participating in the annual Torch Run. The Torch Run has more than 100,000 law enforcement agencies supporting a mission to raise funds and awareness for the Special Olympics while running the Flame of Hope through the streets of their communities.

This year's Torch Run will be held on Wednesday, May 20. The run will start at 6:00 a.m. in front of the Brentwood Police Department. If you plan to participate, and to get a Torch Run shirt, please make sure to register by Tuesday, April 2.

Register and donate today!

\*If you are scheduled to work that day, please get prior approval from your supervisor to participate.\*

Your well-being matters, both at work and at home. Claremont EAP is here to support you with engaging wellness webinars to help you navigate everyday challenges. Whether you're managing stress or building healthier habits, these tools are available to you at no cost and at any time.

Take a moment to invest in yourself!



**We encourage you to review these resources and take advantage of the support available.**

## PROCLAMATIONS

### DEVELOPMENTAL DISABILITIES AWARENESS / ALL ABILITIES MONTH

This March, we recognize Developmental Disabilities Awareness Month, celebrating the contributions of individuals with developmental disabilities and promoting inclusion. The theme, "We're Here All Year," highlights the importance of accessibility and opportunity every day, as people of all abilities enrich our communities with their talents and perspectives.

[CITY COUNCIL PROCLAMATION](#)

### AFGHAN AMERICAN HERITAGE MONTH

The City recognizes March as Afghan American Heritage Month, celebrating the cultural heritage, resilience, and contributions of Afghan Americans.

Coinciding with Nowruz, it highlights themes of renewal, hope, and unity while encouraging appreciation of the community's lasting impact.

[Learn about Afghan immigrants in the United States](#)

[CITY COUNCIL PROCLAMATION](#)

### PRESCRIPTION DRUG ABUSE AWARENESS MONTH



Prescription drug misuse remains a critical issue, with over 7,847 opioid-related deaths in California in 2023. The City is committed to promoting safe use, storage, and disposal of medications while raising awareness and supporting prevention and recovery efforts.

[Learn about this important month.](#)

[CITY COUNCIL PROCLAMATION](#)

### AMERICAN RED CROSS MONTH

This month, we celebrate the American Red Cross and their dedication to helping communities in need. From disaster relief and blood donations to CPR training and supporting military families, their impact is invaluable.

Join the mission or learn more at [www.redcross.org](http://www.redcross.org).

[CITY COUNCIL PROCLAMATION](#)

### WOMEN'S HISTORY MONTH

This month, let's take a moment to learn about the history and significance of Women's History Month—how it started, why we celebrate, and the impact of women throughout history.

[Learn more here.](#)

[CITY COUNCIL PROCLAMATION](#)

## SAFETY

### CPR, First Aid, and AED Training

Gain life-saving skills to respond confidently in an emergency situation.

[Must obtain your supervisors approval prior to signing up.](#)

**CPR card will be sent after completion of class.**

**March 26 | 8:00 AM to 12:00 PM**  
**Lone Tree Training Room (MSC)**

[REGISTER NOW](#)

**Additional classes scheduled for**  
**April 23 and May 21**

**CPR certifications expire every 2 years. Please recertify to stay confident, capable, and ready to save a life.**

### Keys to Healthy Posture Using Functional Ergonomics and Exercise Therapy

This seminar is for all classifications and provides an understanding of how to protect your body when performing tasks that put them at risk for strain, overexertion and related musculoskeletal injuries. If you are in Public Works or PD, please consider attending to learn about specific and often overlooked bracing and lifting techniques that protect your back and core.

Tuesday, April 7 from 10 am - 2 pm

City of Mountain House is hosting

WWTP-17013 Bethany Rd.

Mountain House, CA 95391

[Learn more here.](#)  
**Register by March 31.**



## DEBI CORNER

## ESPRESSO YOURSELF: COFFEE TALK SERIES

Take a quick break and join us for a meaningful 30-minute conversation.

### TOPIC: WHAT DOES BELONGING FEEL LIKE AT WORK?

Belonging isn't just a buzzword, it's about feeling seen, heard, and valued. In this interactive coffee talk, we'll explore what belonging looks and feels like in our workplace, and how we can each contribute to creating it.

Let's create space to espresso ourselves and build a stronger sense of belonging.

[SIGN UP HERE](#)

COME SHARE YOUR THOUGHTS, LISTEN TO OTHERS, AND CONNECT.

**APRIL 8**  
**11:00 – 11:30 AM**  
**VIRTUAL LINK WILL**  
**BE PROVIDED**



## RETIREMENT ROW

### FINANCIAL PLANNING BASICS: HOW TO SET AND ACHIEVE YOUR GOALS

**MissionSquare**  
RETIREMENT

Everyone can benefit from a financial plan tailored to individual needs and circumstances. A financial road map can motivate you to save money, help you meet your financial goals, and help improve your overall financial security now and in the future.

**APRIL 1**  
**10:00 AM - 11:00 AM**

**REGISTER NOW!**



## JOB BOARD



- Aquatics Assistant
- Aquatics Instructor
- City Attorney
- Lifeguard
- Police Dispatcher II
- Police Officer
- Recreation Leader I / II
- Senior Recreation Leader



Contact Human Resources  
[humanresources@brentwoodca.gov](mailto:humanresources@brentwoodca.gov) or 925-516-5191